

# Welcome to London

## A Practical Guide for Students





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### **Recommended Accommodation Guide**

This guide provides a summary of the different types of student accommodation in London. If you are arriving from overseas it is worthwhile to book a hostel or hotel for the first few days as a base while you look for something more permanent.

#### **1. Short Term Accommodation**

Hotels			
The Rosewood - 5*	252 High Holborn, London, WC1V 7EN	Tel: +44 (0) 20 7781 8888 Email: london@rosewoodhotels.com Web: www.rosewoodhotels.com/en/london	
The Hotel Russell - 4*	1-8 Russell Square, London, WC1B 5BE	Tel: ++44 (0) 20 7837 6470 Email: www.hotelrusselllondon.co.uk/contact/ Web: www.hotelrusselllondon.co.uk	
The Bloomsbury Hotel - 4*	16-22 Great Russell Street, London, WC1B 3NN	<b>Tel:</b> +44 (0) 20 7347 1000 <b>Email:</b> bloomsbury@doylecollection.com <b>Web:</b> www.doylecollection.com/hotels/the-bloomsbury-hotel	
The Montague On The Gardens - 4*	15 Montague St, London, WC1 5BJ	Tel: +44 (0) 20 7637 1001 Email: bookmt@rchmail.com Web: www.montaguehotel.com	
Mentone Hotel - 2*	54-56 Cartwright Gardens, London, WC1H 9EL	Tel: +44 (0) 20 7387 3927 Email: info@mentonehotel.com Web: www.mentonehotel.com	
The Judd Hotel	46 Cartwright Garden, London, WC1H 9EL	Tel: +44 (0) 20 7383 9210 Email: info@juddhotel.com Web: www.juddhotelbloomsbury.com	
Grange Hotels –	QUOTE 19728 for special Le Cordon Bleu rates	www.grangehotels.com/hotels-london	
White Hall Hotel	2-5 Montague Street, London, WC1B 5BU	Tel: +44 (0) 20 7580 2224 Email: whitehall@grangehotels.com	
The Beauchamp	24-27 Bedford Place, London WC1B 5JH	<b>Tel</b> : +44 (0) 20 7016 2540 <b>Email:</b> Beauchamp@grangehotels.com	
The Buckingham	39-40 Bedford Place, London, WC1B 5JT	Tel: +44 (0) 20 7636 2427 Email: buckingham@grangehotels.com	
The Clarendon	34-37 Bedford Place, London, WC1B 5JR	Tel: ++44 (0) 20 7307 1575 Email: clarendon@grangehotels.com	

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Hostels			
Pickwick Hall	7 Bedford Place London, WC1B 5JE	<b>Tel:</b> +44 (0) 20 7323 4958 <b>Email:</b> info@picwickhall.co.uk <b>Web:</b> www.pickwickhall.co.uk/uk	
Generator Hostel London	37 Tavistock Place, London, WC1H 9SE	Tel: +44 (0) 20 7388 7666 Email: london@generatorhostels.com Web: www.generatorhostels.com/en/destinations/London	
Youth Hostel Association	104 Bolsover Street, London, W1W 5NU	<b>Tel:</b> 0845 371 9154 <b>Email:</b> londoncentral@yha.org.uk <b>Web:</b> www.yha.org.uk/hostel/london-central	

These hotels are just a small selection of the hotels available in the area around Le Cordon Bleu. For listings of hotels and up-todate pricing information, visit a comparison site such as:

www.airbnb.co.uk www.booking.com www.lastminute.com www.tripadvisor.com www.yha.org.uk www.laterooms.com

As a general rule, hotels, on a long term basis, will be expensive and you may want to seek accommodation in a house share/ halls of residence as a cheaper alternative. Rates can vary according to time of year. As a general rule:

- · Low season: ranges from October through to March
- · Mid season: ranges from April through to end of May
- · High Season: ranges from June through to September

**Note:** Christmas (December) and Easter (mid April) holiday periods are generally priced as high season, but may include slightly higher charges.

#### 2. Longer Term Accommodation

There are several different types of accommodation available to students enrolled on a course at Le Cordon Bleu, these fall into the following categories:

- · Student accommodation & halls of residence
- · Private flats/houses through estate agents
- · House or flat shares (can be arranged through an agency)
- · Homestays with host families (organised via a dedicated agency)

When living in London, it is important to remember that the nearer you are to the centre of London, the more expensive it will be. So depending on your budget, be prepared to commute. (For a map of London's underground, please visit Transport for London website on **www.tfl.gov.uk** – the school is located close to Holborn tube station).

Please note that the duration of property leases vary in the UK, including:

- short term (less than 6 months)
- · six monthly

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· long term (minimum 12 months)

Rental rates will vary accordingly, with longer-term rates being the least expensive. It is advisable to check with the Estate Agent on lease conditions in advance.

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#### **RECOMMENDED BY LE CORDON BLEU - Londonist DMC**

Londonist DMC is a student accommodation agency located in Central London providing both short term and long term accommodations, from 2 weeks up to 51 weeks.

Their expanding portfolio includes student accommodation in 12 different locations including Kings Cross, Spitalfields, Portobello, Highbury, Islington and many more. They have a large range of accommodation from stylish 2 bed apartments, ensuite rooms, studios to serviced apartments.

Other additional services include airport transfers, first day assistance, welcome packs which can be arranged through their e-concierge app.

#### For more information, please visit londonist.co.uk

Below are the closest residences to Le Cordon Bleu London.

Name & Location	Rooms	Contact Details	Categories
<b>Kings Cross</b> Chapter London 200 Pentonville Road, N1 9JP	Bronze, Silver and Platinum Studios	Tel: +44 (0) 207 287 1912 Email: book@londonist.co.uk Web: londonist.co.uk/london-student-residences/kings-cross- residence/	Wifi, laundry, gym, outdoor area, entertainment area, concierge, cinema, computer labs, CCTV
<b>Camden</b> The Stay Club at Camden 34 Chalk Farm Road, NW1 8AJ	Club Studio Plus, Club Premium Studio	Tel: +44 (0) 207 287 1912 Email: book@londonist.co.uk Web: londonist.co.uk/london-student-residences/camden- residence/	Wifi, laundry, gym, outdoor area, entertainment area, concierge, cinema, computer labs, CCTV
<b>Spitafields</b> Chapter Spitalfields 9 Frying Pan Alley, E1 7HS	Silver and Gold Studios, 2 bedroom and 4 bedroom apartments	Tel: +44 (0) 207 287 1912 Email: book@londonist.co.uk Web: londonist.co.uk/london-student-residences/spitalfields- residence/	Wifi, laundry, gym, outdoor area, entertainment area, concierge, cinema, computer labs, CCTV



Student Accommodation Providers			
Name & Location	Rooms	Contact Details	Categories
<b>Homes for Students</b> Camden, Chelsea, Kensal Green, Bloomsbury	Various - shared and en-suite bathrooms, from cluster apartments to studios, deluxe rooms and student houses	Tel: +44 (0) 333 344 2829 Email: salesenquiries@ wearehomesforstudents.com Web: wearehomesforstudents.com/london	Wifi and all bills included, large beds, en-suite rooms, bike storage, 24-hour security & CCTV.
<b>Urbanest</b> Kings Cross, Hoxton, Tower Bridge, St Pancras, Westminster	Twin room, private room, ensuite, studio, luxury studio. 51 week contracts.	<b>Tel:</b> +44 (0) 20 7042 7890 <b>Email:</b> bookings@urbanest.co.uk <b>Web:</b> www.urbanest.co.uk	Wifi included. Each resident has access to free fold-up bike hire.
<b>Britannia Student</b> Services Various locations across London.	Single, twin, double & studio rooms. Contracts from 13 weeks available year round.	<b>Tel:</b> +44 (0) 20 7436 7738 <b>Email:</b> info@britanniastudents.com <b>Web:</b> www.britanniastudents.com	A one-stop shop for homestays, halls of residence, house shares, apartments & studios.
Nido Student Living West Hampstead 1st Floor, 59 Markham Street, London, SW3 3NR	En-suite apartments and studios. 51 week contracts.	<b>Tel:</b> +44 (0) 20 7100 0100 <b>Email:</b> bookings@thenidocollection.com <b>Web:</b> www.thenidocollection.com	Modern fully furnished bedroom with single or double bed, Kitchenette and either en-suite or shared bathroom.
<b>The Stay Club</b> Camden, Willesden Junction, Colindale	Ensuite studios for 1 or 2 people. Flexible contracts for students all year round.	<b>Tel:</b> +44 (0) 20 7267 7774 <b>Email:</b> info@thestayclub.com <b>Web:</b> www.thestayclub.com	All rooms have a private kitchenette and shower room, free wi-fi and cleaning once a week
<b>Unite Group</b> Various locations across London	Twin rooms, rooms in shared flats and studios available. Flexible contracts depending on location.	<b>Tel:</b> +44 (0) 20 7831 2447 <b>Email:</b> salesenquiry@unite-students.com <b>Web:</b> www.unite-students.com	All bills and wifi are included in the price. Room cleaning extra.
<b>Collegiate AC</b> Closest to school: Charles Morton Court 37-43 Green Lanes, N16 9BS	En-suite single rooms in shared flat and studios available. 51 weeks contracts but can be flexible.	Tel: 02089 125 909 Email: cmc@collegiate-ac.com Web: www.collegiate-ac.com	All bills and wifi are included in the price.
<b>Spotahome</b> Various locations across London	Various shared rooms, studio flats and whole apartments, mid to long-term.	<b>Tel:</b> +44 (0) 2038086522 <b>Email:</b> hello@spotahome.com <b>Web:</b> www.spotahome.com	
<b>The Lyra</b> Portal Way, North Acton W3 6BJ	Spacious studios next to Central line tube station	Tel: +44 (0) 208 993 8998 Email: info@downingstudents.com Web: www.downingstudents.com	All bills included, big beds, WIFI, safe & secure, bike storage, roof terrac
<b>Melia White House</b> Albany St Regents Park NW1 3	Studio, 1 bedroom and exclusive apartments.	Tel: +44 (0)20 7391 3063 Email: Apartment.MWH@melia.com Web: www.meliawhitehouseapartments. com/	Present your student ID and get 15% off your studio apartment reservation

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Estate Agents			
Name & Location	Contact Details	Categories	
Marsh & Parsons 26 agencies across London	<b>Tel:</b> +44 (0) 20 8846 2320 <b>Web:</b> www.marshandparsons.co.uk	Estate agency with properties across London	
<b>Chiltern Estates</b> Central London	<b>Email:</b> info@chilternestates.com <b>Web:</b> www.chilternestates.com	Estate agency with student properties available for individuals or sharers, short or long term lets	
<b>Plaza Estates</b> Central London	Tel: +44 (0) 20 3811 5892 Email: info@plazaestates.co.uk Web: www.plazaestates.co.uk	Short and long term apartments available	

The 5 following websites are also popular for shared accommodation in London:

www.rightmove.co.uk www.spareroom.co.uk www.easyroomate.co.uk www.moveflat.com www.gumtree.com

#### Do not pay any money for rent or deposit before seeing a property and meeting the owner or their representative. It is a common scam technique to request money in advance for a property that does not exist.

Managed Apartments/Studios			
Name & Location	Location	Contact Details	Categories
Globe Apartments	Oxford St, Marylebone & Clerkenwell	Tel: +44 (0) 20 7935 9512 Email: sales@globeapt.com Web: www.globeapt.com	Studios, 1, 2 & 3 bedrooms apartments available for short or long term lets a
SilverDoor Apartments	Various locations across London	Tel: +44 (0) 20 8090 8090 Email: email@silverdoor.co.uk Web: www.silverdoor.co.uk	Serviced apartments across London. Wifi, bills and cleaning service included
New World Accommodation	Various locations across London	Tel: +44 (0) 20 7383 0878 Email: info@nwalondon.co.uk Web: www.nwalondon.com	Specialise in flat shares/room lets on short & long term basis
Studios 2 Let	Euston, Bloomsbury & various locations in west London	Tel: +44 (0) 20 7486 9020 Email: Short Lets (up to 6 months) - info@londonshortletting.com Long Lets (6 months plus) - flats@studios2let.com Web: www.studios2let.com	Double en-suite studio flats. Short and long term lets. Internet, bills & laundry included.
AKA Marylebone	Marylebone	<b>Tel:</b> +44 (0) 20 7467 5930 <b>Email:</b> akamaryleboneteam@stayaka.com <b>Web:</b> www.stayaka.com/locations/marylebone/	Studio, 1 and 2 bedroom full- floor suites



#### **Transport**

#### **Travelling to Central London from Different Airports**

#### 1. Heathrow

Heathrow is approximately 15 miles west of central London.

#### By Rail

Heathrow Express: Trains scheduled from Heathrow to London Paddington (every 15 minutes)

Journey time: Approximately 15 minutes

Price: approximately £19 for a single journey

The first train from Heathrow Terminals 1 and 3 is 05.12 (Monday – Saturday) and 05.08 on Sunday. The last train leaves at 23.48 (Monday – Saturday) and 23.53 on Sunday.

The first train from Heathrow Terminal 4 is 5.23 (Monday – Saturday), and 5.53 on Sunday. The last train leaves at 23.41 each day.

The first train from Terminal 5 is 5.07 (Monday – Saturday) and 5.03 on Sunday. The last train leaves at 23.58. For more information: **www.heathrowexpress.com** or call +44 (0) 845 600 1515

#### **By Tube**

The **Piccadilly Line** connects Heathrow airport to central London.

Journey time: Approximately 50 minutes

**Price:** Approximately £5 for a single journey

London Underground trains operate from approximately 5.00am to 1.00pm Mondays - Saturday and 5.45am-12.00pm on Sunday.

For more information: www.tfl.gov.uk

#### By Coach

Coaches run from Heathrow to every destination in and around London. The central bus station is located near Terminals 1, 2 and 3.

Prices start from £5.00 for a single journey

Coaches run several times per hour, 24 hours per day seven days a week

For more information: www.nationalexpress.co.uk or call +44 (0) 871 781 8181

#### By Taxi

You can get a London Black Cab outside Heathrow Airport, follow the signs to the taxi area. Taxis charge on a meter, and on average a journey to Central London takes approximately 30 minutes at a cost of approximately £45. Addison Lee is London's largest minicab company and operates across the capital. Book online at **www.addisonlee.com** or call +44 (0) 207 407 9000

Always use a licensed private hire operator or taxi. Licensed private hire drivers must display their PHV licence at all times. Taxi drivers must display a green (all London) or yellow (suburban London) licence identifier on the front and rear windscreen.

#### 2. Gatwick

#### **By Rail**

**Gatwick Express:** 4 trains per hour travelling from Gatwick to Victoria station **Journey time:** Approximately 35 minutes **Price:** From £17.75 for a single journey For more information: **www.gatwickexpress.com** 

Southern Trains to Victoria via East Croydon and Clapham Junction (24hr service Monday to Sunday) Journey time: Approximately 30 minutes Price: From £12.80 for a single journey For more information: www.southernrailway.com

#### By Taxi

**Checker Cars:** the official taxi company working with BAA Gatwick The journey to Central London should take approximately 90 minutes and will cost from around £99 Pre-book on +44 (0) 129 356 7700 / **gatwick@checkercars.com** / **www.checkercars.com/Gatwick%20Airport%20Taxi.html** 



#### 3. Stansted

#### **By Rail**

**Stansted Express:** From Stansted Airport to Liverpool Street station (every 15 minutes) **Journey time:** Approximately 47 minutes **Price:** Single tickets from £23.40 (to be purchased at the train station or online) Trains run from 4.40am- 23.25am Monday-Friday For more information: **www.stanstedexpress.com** or call +44 (0) 800 028 2878

#### **By Bus**

**Terravision:** From Stansted Airport to Liverpool Street **Price:** Single tickets from £4.00 It is advised to buy tickets in advance online Buses run from 3.00am – 11.30pm every half an hour For more information: **www.terravision.eu** 

National Express: From Stansted Airport to London Victoria Buses run from 7.15am – 00.15pm approximately every 30 minutes and the journey takes 75 minutes. Price: Single tickets from £9.00 For more information: www.nationalexpress.co.uk

**Easy bus**: from Stansted Airport to Baker Street, up to every 15 minutes seven days a week **Price:** Single tickets from £2.00 if booked on-line (additional cost for luggage) For more information: **www.easybus.co.uk** 

#### 4. Luton

#### **By Rail**

**First Capital Connect:** 35 minutes from St Pancras to Luton Airport Parkway From Luton Airport to Luton Airport Parkway: Choose a connecting bus from Luton Airport (free of charge) to Luton Airport Parkway.

**Journey time:** Approximately 40 minutes, costing from £14 For more information: **www.london-luton.co.uk/to-and-from-lla** 

#### By Bus

**Easy bus:** To Baker Street or Victoria Journey time: Approximately 1 hour from Luton to Victoria For more information: **www.easybus.co.uk** 

**National Express:** Regular buses to Central London, journey time from 1 hour 30 minutes. For more information: **www.nationalexpress.co.uk** or call +44 (0) 871 781 8181

#### By Taxi

Alpha Taxi Luton For booking information: **www.alphataxisluton.com** or e.mail: **booking@alphataxisluton.com** Tel: +44 (0) 158 259 5555

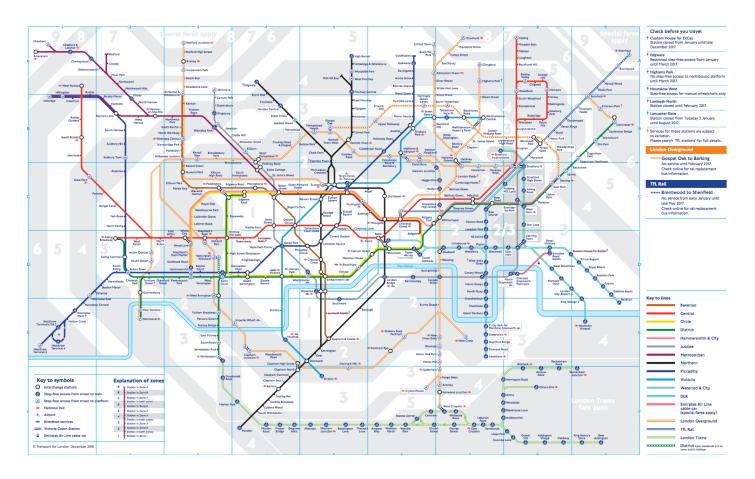
Cabco Taxi's Luton For booking information: **www.cabcotaxis.co.uk** or e-mail: **info@cabcotaxis.co.uk** Tel: +44 (0) 149 479 1122.



#### London Underground Map

We advise purchasing an Oyster card for frequent travel around London via underground and buses. For more information on London Transport (underground and bus network), and to purchase an Oyster card or travelcard, please visit **www.tfl.gov.uk**.

#### Contact Customer Services for information on student travel discounts.



#### **Directions to Le Cordon Bleu**



#### Address: 15 Bloomsbury Square, London WC1A 2LS

The nearest tube station is Holborn (Piccadilly and Central Lines)

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## Living in London: Practical information

#### **London Weather**

#### Winter (from December to February):

Temperatures are usually around 0-6 degrees. Rain is common during the winter, and although snow is rare, it is advised to wear warm clothing throughout the season.

#### Spring (from March to May):

Weather conditions can be very unpredictable during the spring. Temperatures average around 11-15 degrees. There are occasional spring showers in March and April and it is wise to bring a waterproof coat.

#### Summer (from June to August):

Generally the summers are sunny with occasional rain. Temperatures average 20 degrees but it can sometimes be much warmer.

#### Autumn (from September to November):

This time of year is similar to spring. However summer can extend into September. A cold wind typically arrives around the end of October as the leaves start to fall.

For more information on London weather, please visit the Met Office website on: **www.metoffice.gov.uk.** 

#### Health Advice: Frequently Asked Questions

#### Can I get free/reduced healthcare and hospital treatment whilst in the U.K?

Free or reduced treatment is available from the NHS (National Health Service) if you are from the EEA (European Economic Area) or Switzerland, or if you are from a country that has a bilateral healthcare agreement with the U.K.

For a list of nationalities qualifying for treatment, please check the Department of Health website **www.dh.gov.uk** or call the Department of Health's Customer Service centre on +44 (0) 20 7210 4850.

#### Do I have to pay for emergency treatment if I have an accident?

Regardless of residential status or nationality, emergency treatment given at a GP (General Practitioners), Accident and Emergency wing of a hospital or walk-in centre is free of charge. However, if the patient is admitted formally as an in-patient including emergency operations and admittance to High Dependency Unit's or registered at an outpatient clinic, there will be a charge. It is highly recommended to obtain health insurance before arriving in the country, especially if you are not eligible to receive free treatment from the NHS.

For any information on health and treatments, please visit the NHS Direct Healthcare on www.nhs.uk

#### Finding a doctor / optician / dentist / pharmacy or hospital around your home

The NHS provides an online directory on their website for all doctors, General Practitioners (GP), hospitals, walk-in centres, opticians, pharmacies and dentists in the UK. To view this directory, please visit **www.nhs.uk** and type in your post code.

#### How do I register with a doctor?

You should register with a doctor in your local area as soon as you have found a permanent residence. Your GP will be attributed to you by your post code. Find out which GP you should visit using: **www.nhs.uk** by entering your post code.

#### Specialist doctors, medicine prescriptions, walk-in centres, and other information

To see a specialist, you will need to get a referral from your GP. Your GP can also prescribe you medicine by writing a prescription which you then present at a pharmacy. If you are very ill and you cannot go to the surgery, it is possible to ask a doctor to visit your home. You can visit any walk-in centre during their opening hours without appointment. A nurse will give you basic medical advice or treatment for minor illnesses and injuries. For further advice: **www.nhs.uk**.

You can call a nurse for free health advice by telephone. These services are available at any time of the day (please note that this service is not free) NHS England: +44 (0) 845 4647 **www.nhs.uk**.

A list of NHS and private doctors, surgeries and dentists can be found within our Welcome Pack.

#### **Emergency Services**

Call **112** or **999** for the emergency services (police, fire and ambulance) in London.

To report non-urgent crime, call the police on **101** from within the UK.

#### **DISCLAIMER:**

Please note that the information provided in this document was correct when issued. Le Cordon Bleu takes no responsibility for change of details.

#### Le Cordon Bleu Limited

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