Welcome to London
A Practical Guide for Students
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Recommended Accommodation Guide

This guide provides a summary of the different types of student accommodation in London. If you are arriving from overseas it is worthwhile to book a hostel or hotel for the first few days as a base while you look for something more permanent.

1. Short Term Accommodation

<table>
<thead>
<tr>
<th>Hotels</th>
<th>Address</th>
<th>Tel</th>
<th>Email</th>
<th>Web</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Rosewood - 5*</td>
<td>252 High Holborn, London, WC1V 7EN</td>
<td>+44 (0) 20 7781 8888</td>
<td><a href="mailto:london@rosewoodhotels.com">london@rosewoodhotels.com</a></td>
<td><a href="http://www.rosewoodhotels.com/en/london">www.rosewoodhotels.com/en/london</a></td>
</tr>
<tr>
<td>The Hotel Russell - 4*</td>
<td>1-8 Russell Square, London, WC1B 5BE</td>
<td>+44 (0) 20 7837 6470</td>
<td><a href="http://www.hotelrusselllondon.co.uk/contact/">www.hotelrusselllondon.co.uk/contact/</a></td>
<td><a href="http://www.hotelrusselllondon.co.uk">www.hotelrusselllondon.co.uk</a></td>
</tr>
<tr>
<td>The Bloomsbury Hotel - 4*</td>
<td>16-22 Great Russell Street, London, WC1B 3NN</td>
<td>+44 (0) 20 7347 1000</td>
<td><a href="mailto:bloomsbury@doylecollection.com">bloomsbury@doylecollection.com</a></td>
<td><a href="http://www.doylecollection.com/hotels/the-bloomsbury-hotel">www.doylecollection.com/hotels/the-bloomsbury-hotel</a></td>
</tr>
<tr>
<td>The Montague On The Gardens - 4*</td>
<td>15 Montague St, London, WC1 5BJ</td>
<td>+44 (0) 20 7637 1001</td>
<td><a href="mailto:bookmt@rchmail.com">bookmt@rchmail.com</a></td>
<td><a href="http://www.montaguehotel.com">www.montaguehotel.com</a></td>
</tr>
<tr>
<td>Mentone Hotel - 2*</td>
<td>54-56 Cartwright Gardens, London, WC1H 9EL</td>
<td>+44 (0) 20 7387 3927</td>
<td><a href="mailto:info@mentonehotel.com">info@mentonehotel.com</a></td>
<td><a href="http://www.mentonehotel.com">www.mentonehotel.com</a></td>
</tr>
<tr>
<td>The Judd Hotel</td>
<td>46 Cartwright Garden, London, WC1H 9EL</td>
<td>+44 (0) 20 7383 9210</td>
<td><a href="mailto:info@juddhotel.com">info@juddhotel.com</a></td>
<td><a href="http://www.juddhotelbloomsbury.com">www.juddhotelbloomsbury.com</a></td>
</tr>
<tr>
<td>Grange Hotels –</td>
<td><strong>QUOTE 19728 for special Le Cordon Bleu rates</strong></td>
<td><a href="http://www.grangehotels.com/hotels-london">www.grangehotels.com/hotels-london</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td>White Hall Hotel</td>
<td>2-5 Montague Street, London, WC1B 5BU</td>
<td>+44 (0) 20 7580 2224</td>
<td><a href="mailto:whitehall@grangehotels.com">whitehall@grangehotels.com</a></td>
<td></td>
</tr>
<tr>
<td>The Beauchamp</td>
<td>24-27 Bedford Place, London WC1B 5JH</td>
<td>+44 (0) 20 7016 2540</td>
<td><a href="mailto:Beuchamp@grangehotels.com">Beuchamp@grangehotels.com</a></td>
<td></td>
</tr>
<tr>
<td>The Buckingham</td>
<td>39-40 Bedford Place, London, WC1B 5JT</td>
<td>+44 (0) 20 7636 2427</td>
<td><a href="mailto:buckingham@grangehotels.com">buckingham@grangehotels.com</a></td>
<td></td>
</tr>
<tr>
<td>The Clarendon</td>
<td>34-37 Bedford Place, London, WC1B 5JR</td>
<td>+44 (0) 20 7307 1575</td>
<td><a href="mailto:clarendon@grangehotels.com">clarendon@grangehotels.com</a></td>
<td></td>
</tr>
</tbody>
</table>
As a general rule, hotels, on a long term basis, will be expensive and you may want to seek accommodation in a house share/halls of residence as a cheaper alternative. Rates can vary according to time of year. As a general rule:

· Low season: ranges from October through to March
· Mid season: ranges from April through to end of May
· High Season: ranges from June through to September

Note: Christmas (December) and Easter (mid April) holiday periods are generally priced as high season, but may include slightly higher charges.

2. Longer Term Accommodation

There are several different types of accommodation available to students enrolled on a course at Le Cordon Bleu, these fall into the following categories:

· Student accommodation & halls of residence
· Private flats/houses through estate agents
· House or flat shares (can be arranged through an agency)
· Homestays with host families (organised via a dedicated agency)

When living in London, it is important to remember that the nearer you are to the centre of London, the more expensive it will be. So depending on your budget, be prepared to commute. (For a map of London’s underground, please visit Transport for London website on www.tfl.gov.uk – the school is located close to Holborn tube station).

Please note that the duration of property leases vary in the UK, including:

· short term (less than 6 months)
· six monthly
· long term (minimum 12 months)

Rental rates will vary accordingly, with longer-term rates being the least expensive. It is advisable to check with the Estate Agent on lease conditions in advance.

<table>
<thead>
<tr>
<th>Hostels</th>
<th>Address</th>
<th>Tel</th>
<th>Email</th>
<th>Web</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pickwick Hall</td>
<td>7 Bedford Place</td>
<td>+44 (0) 20 7323 4958</td>
<td><a href="mailto:info@picwickhall.co.uk">info@picwickhall.co.uk</a></td>
<td><a href="http://www.pickwickhall.co.uk/uk">www.pickwickhall.co.uk/uk</a></td>
</tr>
<tr>
<td>Generator Hostel London</td>
<td>37 Tavistock Place,</td>
<td>+44 (0) 20 7388 7666</td>
<td><a href="mailto:london@generatorhostels.com">london@generatorhostels.com</a></td>
<td><a href="http://www.generatorhostel.com/en/destinations/London">www.generatorhostel.com/en/destinations/London</a></td>
</tr>
<tr>
<td>Youth Hostel Association</td>
<td>104 Bolsover Street,</td>
<td>0845 371 9154</td>
<td><a href="mailto:londoncentral@yha.org.uk">londoncentral@yha.org.uk</a></td>
<td><a href="http://www.yha.org.uk/hostel/london-central">www.yha.org.uk/hostel/london-central</a></td>
</tr>
</tbody>
</table>

These hotels are just a small selection of the hotels available in the area around Le Cordon Bleu. For listings of hotels and up-to-date pricing information, visit a comparison site such as:

www.airbnb.co.uk
www.booking.com
www.lastminute.com
www.tripadvisor.com
www.yha.org.uk
www.laterooms.com
## RECOMMENDED BY LE CORDON BLEU - Homes for Students

<table>
<thead>
<tr>
<th>Name &amp; Location</th>
<th>Rooms</th>
<th>Contact Details</th>
<th>Categories</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Camden Hawley Crescent</strong>&lt;br&gt;13 Hawley Crescent&lt;br&gt;Camden, London&lt;br&gt;NW1 8NP</td>
<td>Camden Twodio, Camden Studio, Executive Studio, Luxe Studio</td>
<td><strong>Tel:</strong> +44 (0) 333 344 2829&lt;br&gt;<strong>Email:</strong> <a href="mailto:salesenquiries@wearehomesforstudents.com">salesenquiries@wearehomesforstudents.com</a>&lt;br&gt;<strong>Web:</strong> wearehomesforstudents.com/london</td>
<td>Wifi and all bills included, large beds, en-suite rooms, bike storage, 24-hour security &amp; CCTV.</td>
</tr>
<tr>
<td><strong>Chelsea Lightfoot Hall</strong>&lt;br&gt;Manresa Road&lt;br&gt;Chelsea&lt;br&gt;SW3 6NA</td>
<td>Chelsea Twin En-suite, The Chelsea Studio, Executive Studio, Luxe Studio</td>
<td><strong>Tel:</strong> +44 (0) 333 344 2829&lt;br&gt;<strong>Email:</strong> <a href="mailto:salesenquiries@wearehomesforstudents.com">salesenquiries@wearehomesforstudents.com</a>&lt;br&gt;<strong>Web:</strong> wearehomesforstudents.com/london</td>
<td>Wifi and all bills included, en-suite rooms, laundry facilities, 24-hour security.</td>
</tr>
<tr>
<td><strong>Kensal Green Garrow House</strong>&lt;br&gt;190 Kensal Road&lt;br&gt;London&lt;br&gt;W10 5BN</td>
<td>Garrow Twodio, Junior Studio, 2 Bed Suite, Essential Studio, Garrow Studio, Superior Room, Executive Studio, Executive Plus Studio, Luxe Studio, Canalside Luxe Studio, Luxe Plus Studio</td>
<td><strong>Tel:</strong> +44 (0) 333 344 2829&lt;br&gt;<strong>Email:</strong> <a href="mailto:salesenquiries@wearehomesforstudents.com">salesenquiries@wearehomesforstudents.com</a>&lt;br&gt;<strong>Web:</strong> wearehomesforstudents.com/london</td>
<td>Wifi and all bills included, large beds, en-suite rooms, extra large bedrooms, 24-hour security &amp; CCTV.</td>
</tr>
<tr>
<td><strong>Bloomsbury Janet Poole House</strong>&lt;br&gt;101-105 Gower Street&lt;br&gt;London&lt;br&gt;WC1E 6AA</td>
<td>Trio Studio, Trio En-suite Room, Trio Apartment, Bloomsbury Twin Room, Bloomsbury Twodio, Luxe Superior Twodio, Gower Room, Bloomsbury Junior Studio, Bloomsbury En-suite Room, Bloomsbury Studio, Bloomsbury Suite, Gower St Studio, Luxe Studio, Luxe Superior Studio</td>
<td><strong>Tel:</strong> +44 (0) 333 344 2829&lt;br&gt;<strong>Email:</strong> <a href="mailto:salesenquiries@wearehomesforstudents.com">salesenquiries@wearehomesforstudents.com</a>&lt;br&gt;<strong>Web:</strong> wearehomesforstudents.com/london-janet-poole-house</td>
<td>Wifi and all bills included, large beds, laundry facilities, en-suite rooms, extra large bedrooms, extra large bedrooms, secure door entry.</td>
</tr>
</tbody>
</table>
## Student Accommodation Providers

<table>
<thead>
<tr>
<th>Name &amp; Location</th>
<th>Rooms</th>
<th>Contact Details</th>
<th>Categories</th>
</tr>
</thead>
</table>
| **Urbanest**<br>Kings Cross, Hoxton, Tower Bridge, St Pancras, Westminster | Twin room, private room, ensuite, studio, luxury studio. 51 week contracts. | Tel: +44 (0) 20 7042 7890  | Email: enquiries@urbanest.co.uk  
urbanest@CRM-limited.co.uk  
Web: www.urbanest.co.uk  
Skype: urbanest_student_accommodation | Wifi included. Each resident has access to free fold-up bike hire. |
| **Britannia Student Services**<br>Various locations across London. Closest to the school is: 1-2 Rathbone Place, London, W1T 1HH | Single, twin, double & studio rooms. Contracts from 13 weeks available year round. | Tel: +44 (0) 20 7436 7738  | Email: info@britanniastudents.com  
Web: www.britanniastudents.com | A one-stop shop for homestays, halls of residence, house shares, apartments & studios. |
| **Nido Student Living**<br>West Hampstead 1st Floor, 59 Markham Street, London, SW3 3NR | En-suite apartments and studios. 51 week contracts. | Tel: +44 (0) 20 7100 0100  | Email: bookings@thenidocollection.com  
Web: www.thenidocollection.com | Modern fully furnished bedroom with single or double bed, Kitchenette and either en-suite or shared bathroom. |
| **The Stay Club**<br>Camden, Willesden Junction, Colindale (opening September 2016) | Ensuite studios for 1 or 2 people. Flexible contracts for students all year round. | Tel: +44 (0) 20 7267 7774  | Email: info@thestayclub.com  
Web: www.thestayclub.com | All rooms have a private kitchenette and shower room, free wi-fi and cleaning once a week. |
| **Unite Group**<br>Various locations across London, closest are: Woburn Place, Kirby Street | Twin rooms, rooms in shared flats and studios available. Flexible contracts depending on location. | Tel: +44 (0) 20 7831 2447  | Email: salesenquiry@unite-students.com  
Web: www.unite-students.com | All bills and wifi are included in the price. Room cleaning extra. |
| **Collegiate AC**<br>Closest to school: Charles Morton Court 37-43 Green Lanes, N16 9BS | En-suite single rooms in shared flat and studios available. 51 weeks contracts but can be flexible. | Tel: 02089 125 909  | Email: cmc@collegiate-ac.com  
Web: www.collegiate-ac.com | All bills and wifi are included in the price. |
| **SPOTAHOME**<br>Various locations across London. | Various shared rooms, studio flats and whole apartments, mid to long-term. | Tel: +44 (0) 2038086522  | Email: hello@spotahome.com  
Web: www.spotahome.com | |
### Estate Agents

<table>
<thead>
<tr>
<th>Name &amp; Location</th>
<th>Contact Details</th>
<th>Categories</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Marsh &amp; Parsons</strong></td>
<td><strong>Tel:</strong> +44 (0) 20 8846 2320</td>
<td>Estate agency with properties across London</td>
</tr>
<tr>
<td>26 agencies across London</td>
<td><strong>Web:</strong> <a href="http://www.marshandparsons.co.uk">www.marshandparsons.co.uk</a></td>
<td></td>
</tr>
<tr>
<td><strong>Chiltern Estates</strong></td>
<td><strong>Email:</strong> <a href="mailto:info@chilternestates.com">info@chilternestates.com</a></td>
<td>Estate agency with student properties available for individuals or sharers, short or long term lets</td>
</tr>
<tr>
<td>Central London</td>
<td><strong>Web:</strong> <a href="http://www.chilternestates.com">www.chilternestates.com</a></td>
<td></td>
</tr>
<tr>
<td><strong>Plaza Estates</strong></td>
<td><strong>Tel:</strong> +44 (0) 20 3811 5892</td>
<td>Short and long term apartments available</td>
</tr>
<tr>
<td>Central London</td>
<td><strong>Email:</strong> <a href="mailto:info@plazaestates.co.uk">info@plazaestates.co.uk</a></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Web:</strong> <a href="http://www.plazaestates.co.uk">www.plazaestates.co.uk</a></td>
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</tbody>
</table>

The 5 following websites are also popular for shared accommodation in London:

- [www.rightmove.co.uk](http://www.rightmove.co.uk)
- [www.moveflat.com](http://www.moveflat.com)
- [www.spareroom.co.uk](http://www.spareroom.co.uk)
- [www.gumtree.com](http://www.gumtree.com)
- [www.easyroomate.co.uk](http://www.easyroomate.co.uk)

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Do not pay any money for rent or deposit before seeing a property and meeting the owner or their representative. It is a common scam technique to request money in advance for a property that does not exist.

### Managed Apartments/Studios

<table>
<thead>
<tr>
<th>Name &amp; Location</th>
<th>Location</th>
<th>Contact Details</th>
<th>Categories</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Globe Apartments</strong></td>
<td>Oxford St, Marylebone &amp; Clerkenwell</td>
<td><strong>Tel:</strong> +44 (0) 20 7935 9512 <strong>Email:</strong> <a href="mailto:sales@globeapt.com">sales@globeapt.com</a> <strong>Web:</strong> <a href="http://www.globeapt.com">www.globeapt.com</a></td>
<td>Studios, 1, 2 &amp; 3 bedrooms apartments available for short or long term lets a</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>SilverDoor Apartments</strong></td>
<td>Various locations across London</td>
<td><strong>Tel:</strong> +44 (0) 20 8090 8090 <strong>Email:</strong> <a href="mailto:email@silverdoor.co.uk">email@silverdoor.co.uk</a> <strong>Web:</strong> <a href="http://www.silverdoor.co.uk">www.silverdoor.co.uk</a></td>
<td>Serviced apartments across London. Wifi, bills and cleaning service included</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>New World Accommodation</strong></td>
<td>Various locations across London</td>
<td><strong>Tel:</strong> +44 (0) 20 7383 0878 <strong>Email:</strong> <a href="mailto:info@nwalondon.co.uk">info@nwalondon.co.uk</a> <strong>Web:</strong> <a href="http://www.nwalondon.com">www.nwalondon.com</a></td>
<td>Specialise in flat shares/room lets on short &amp; long term basis</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Studios 2 Let</strong></td>
<td>Euston, Bloomsbury &amp; various locations in west London</td>
<td><strong>Tel:</strong> +44 (0) 20 7486 9020 <strong>Email:</strong> Short Lets (up to 6 months) - <a href="mailto:info@londonshortletting.com">info@londonshortletting.com</a> Long Lets (6 months plus) - <a href="mailto:flats@studios2let.com">flats@studios2let.com</a> <strong>Web:</strong> <a href="http://www.studios2let.com">www.studios2let.com</a></td>
<td>Double en-suite studio flats. Short and long term lets. Internet, bills &amp; laundry included.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>AKA Marylebone</strong></td>
<td>Marylebone</td>
<td><strong>Tel:</strong> +44 (0) 20 7467 5930 <strong>Email:</strong> <a href="mailto:akamaryleboneteam@stayaka.com">akamaryleboneteam@stayaka.com</a> <strong>Web:</strong> <a href="http://www.stayaka.com/locations/marylebone/">www.stayaka.com/locations/marylebone/</a></td>
<td>Studio, 1 and 2 bedroom full-floor suites</td>
</tr>
</tbody>
</table>
Transport

Travelling to Central London from Different Airports

1. Heathrow

Heathrow is approximately 15 miles west of central London.

By Rail
Heathrow Express: Trains scheduled from Heathrow to London Paddington (every 15 minutes)
Journey time: Approximately 15 minutes
Price: approximately £19 for a single journey
The first train from Heathrow Terminals 1 and 3 is 05.12 (Monday – Saturday) and 05.08 on Sunday. The last train leaves at 23.48 (Monday – Saturday) and 23.53 on Sunday.
The first train from Heathrow Terminal 4 is 5.23 (Monday – Saturday), and 5.53 on Sunday. The last train leaves at 23.41 each day.
The first train from Terminal 5 is 5.07 (Monday – Saturday) and 5.03 on Sunday. The last train leaves at 23.58.
For more information: www.heathrowexpress.com or call +44 (0) 845 600 1515

By Tube
The Piccadilly Line connects Heathrow airport to central London.
Journey time: Approximately 50 minutes
Price: Approximately £5 for a single journey
London Underground trains operate from approximately 5.00am to 1.00pm Mondays - Saturday and 5.45am-12.00pm on Sunday.
For more information: www.tfl.gov.uk

By Coach
Coaches run from Heathrow to every destination in and around London. The central bus station is located near Terminals 1, 2 and 3.
Prices start from £5.00 for a single journey
Coaches run several times per hour, 24 hours per day seven days a week
For more information: www.nationalexpress.co.uk or call +44 (0) 871 781 8181

By Taxi
You can get a London Black Cab outside Heathrow Airport, follow the signs to the taxi area. Taxis charge on a meter, and on average a journey to Central London takes approximately 30 minutes at a cost of approximately £45.
Addison Lee is London’s largest minicab company and operates across the capital. Book online at www.addisonlee.com or call +44 (0) 207 407 9000

Always use a licensed private hire operator or taxi. Licensed private hire drivers must display their PHV licence at all times. Taxi drivers must display a green (all London) or yellow (suburban London) licence identifier on the front and rear windscreen.

2. Gatwick

By Rail
Gatwick Express: 4 trains per hour travelling from Gatwick to Victoria station
Journey time: Approximately 35 minutes
Price: From £17.75 for a single journey
For more information: www.gatwickexpress.com

Southern Trains to Victoria via East Croydon and Clapham Junction (24hr service Monday to Sunday)
Journey time: Approximately 30 minutes
Price: From £12.80 for a single journey
For more information: www.southernrailway.com

By Taxi
Checker Cars: the official taxi company working with BAA Gatwick
The journey to Central London should take approximately 90 minutes and will cost from around £99
Pre-book on +44 (0) 129 356 7700 / gatwick@checkercars.com / www.checkercars.com/Gatwick%20Airport%20Taxi.html
3. Stansted

By Rail
- **Stansted Express**: From Stansted Airport to Liverpool Street station (every 15 minutes)
  - **Journey time**: Approximately 47 minutes
  - **Price**: Single tickets from £23.40 (to be purchased at the train station or online)
  - Trains run from 4.40am - 23.25am Monday-Friday
  - For more information: [www.stanstedexpress.com](http://www.stanstedexpress.com) or call +44 (0) 800 028 2878

By Bus
- **Terravision**: From Stansted Airport to Liverpool Street
  - **Price**: Single tickets from £4.00
  - It is advised to buy tickets in advance online
  - Buses run from 3.00am – 11.30pm every half an hour
  - For more information: [www.terravision.eu](http://www.terravision.eu)

- **National Express**: From Stansted Airport to London Victoria
  - Buses run from 7.15am – 00.15pm approximately every 30 minutes and the journey takes 75 minutes.
  - **Price**: Single tickets from £9.00
  - For more information: [www.nationalexpress.co.uk](http://www.nationalexpress.co.uk)

- **Easy bus**: from Stansted Airport to Baker Street, up to every 15 minutes seven days a week
  - **Price**: Single tickets from £2.00 if booked on-line (additional cost for luggage)
  - For more information: [www.easybus.co.uk](http://www.easybus.co.uk)

4. Luton

By Rail
- **First Capital Connect**: 35 minutes from St Pancras to Luton Airport Parkway
  - From Luton Airport to Luton Airport Parkway: Choose a connecting bus from Luton Airport (free of charge) to Luton Airport Parkway.
  - **Journey time**: Approximately 40 minutes, costing from £14
  - For more information: [www.london-luton.co.uk/to-and-from-lla](http://www.london-luton.co.uk/to-and-from-lla)

By Bus
- **Easy bus**: To Baker Street or Victoria
  - Journey time: Approximately 1 hour from Luton to Victoria
  - For more information: [www.easybus.co.uk](http://www.easybus.co.uk)

- **National Express**: Regular buses to Central London, journey time from 1 hour 30 minutes.
  - For more information: [www.nationalexpress.co.uk](http://www.nationalexpress.co.uk) or call +44 (0) 871 781 8181

By Taxi
- **Alpha Taxi Luton**
  - For booking information: [www.alphataxisluton.com](http://www.alphataxisluton.com) or e-mail: booking@alphataxisluton.com
  - Tel: +44 (0) 158 259 5555

- **Cabco Taxi's Luton**
  - For booking information: [www.cabcotaxis.co.uk](http://www.cabcotaxis.co.uk) or e-mail: info@cabcotaxis.co.uk
  - Tel: +44 (0) 149 479 1122.
London Underground Map

We advise purchasing an Oyster card for frequent travel around London via underground and buses. For more information on London Transport (underground and bus network), and to purchase an Oyster card or travelcard, please visit [www.tfl.gov.uk](http://www.tfl.gov.uk).

Contact Customer Services for information on student travel discounts.

Directions to Le Cordon Bleu

Address:
15 Bloomsbury Square, London WC1A 2LS
The nearest tube station is Holborn (Piccadilly and Central Lines)
Living in London: Practical information

London Weather

Winter (from December to February):
Temperatures are usually around 0-6 degrees. Rain is common during the winter, and although snow is rare, it is advised to wear warm clothing throughout the season.

Spring (from March to May):
Weather conditions can be very unpredictable during the spring. Temperatures average around 11-15 degrees. There are occasional spring showers in March and April and it is wise to bring a waterproof coat.

Summer (from June to August):
Generally the summers are sunny with occasional rain. Temperatures average 20 degrees but it can sometimes be much warmer.

Autumn (from September to November):
This time of year is similar to spring. However summer can extend into September. A cold wind typically arrives around the end of October as the leaves start to fall.

For more information on London weather, please visit the Met Office website on: www.metoffice.gov.uk.

Health Advice: Frequently Asked Questions

Can I get free/reduced healthcare and hospital treatment whilst in the U.K?
Free or reduced treatment is available from the NHS (National Health Service) if you are from the EEA (European Economic Area) or Switzerland, or if you are from a country that has a bilateral healthcare agreement with the U.K.

For a list of nationalities qualifying for treatment, please check the Department of Health website www.dh.gov.uk or call the Department of Health's Customer Service centre on +44 (0) 20 7210 4850.

Do I have to pay for emergency treatment if I have an accident?
Regardless of residential status or nationality, emergency treatment given at a GP (General Practitioners), Accident and Emergency wing of a hospital or walk-in centre is free of charge. However, if the patient is admitted formally as an in-patient including emergency operations and admittance to High Dependency Unit's or registered at an outpatient clinic, there will be a charge. It is highly recommended to obtain health insurance before arriving in the country, especially if you are not eligible to receive free treatment from the NHS.

For any information on health and treatments, please visit the NHS Direct Healthcare on www.nhs.uk

Finding a doctor / optician / dentist / pharmacy or hospital around your home
The NHS provides an online directory on their website for all doctors, General Practitioners (GP), hospitals, walk-in centres, opticians, pharmacies and dentists in the UK. To view this directory, please visit www.nhs.uk and type in your post code.

How do I register with a doctor?
You should register with a doctor in your local area as soon as you have found a permanent residence. Your GP will be attributed to you by your post code. Find out which GP you should visit using: www.nhs.uk by entering your post code.

Specialist doctors, medicine prescriptions, walk-in centres, and other information
To see a specialist, you will need to get a referral from your GP. Your GP can also prescribe you medicine by writing a prescription which you then present at a pharmacy. If you are very ill and you cannot go to the surgery, it is possible to ask a doctor to visit your home. You can visit any walk-in centre during their opening hours without appointment. A nurse will give you basic medical advice or treatment for minor illnesses and injuries. For further advice: www.nhs.uk.

You can call a nurse for free health advice by telephone. These services are available at any time of the day (please note that this service is not free) NHS England: +44 (0) 845 4647 www.nhs.uk.

A list of NHS and private doctors, surgeries and dentists can be found within our Welcome Pack.

Emergency Services
Call 112 or 999 for the emergency services (police, fire and ambulance) in London.
To report non-urgent crime, call the police on 101 from within the UK.

DISCLAIMER:
Please note that the information provided in this document was correct when issued. Le Cordon Bleu takes no responsibility for change of details.